

A large, stylized compass rose graphic in shades of blue and light blue, with a central blue star. A thick, semi-transparent red ring is overlaid on the compass rose. The text is positioned on the left and right sides of the compass rose.

**PA Opioid
Overdose
Reduction**

**Technical
Assistance
Center**

**Lycoming County
Substance Abuse Coalition
Three Year Strategic Plan**

February 2018 – February 2021

Funded by Pennsylvania Commission on Crime and Delinquency



**PittPharmacy
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OVERVIEW

Introduction

The Lycoming County Substance Abuse Coalition Three Year Strategic Plan, February 2018-February 2021, is included in the pages below. The Strategic Plan was developed using the ideas/suggestions generated by coalition members during the strategic planning workshop in January 2018.

The goals, strategies, and objectives included in this plan aim to provide an overview of the overarching goal, the strategy for achieving that goal, and the identified objectives. Goals and strategies should not change based on political climate or other outside factors, but the objectives are more adaptable. All goals are considered to be equally important in addressing the issues brought on by the opioid crisis in Lycoming County and are not listed in any particular order.

Vision

Coming together to positively impact overdoses in Lycoming County.

Priorities Summary

Priority 1: Empower professionals to promote the health, safety, and well-being of persons at high risk for an overdose and/ or with a SUD/ODU or an active addiction.

Priority 2: Eliminate stigma in Lycoming County.

Priority 3: Ensure that all residents of Lycoming County are well-informed on overdose, signs of a Substance/Opioid Use Disorder, treatment options, and recovery programs available throughout the community.

Priority 4: Ensure that every person in Lycoming County has access to treatment at the appropriate level of care, including Medication Assisted Treatment (MAT) and a 24/7 Warm Hand-off program.

Priority 5: Increase coordination and collaboration between public safety and public health entities in Lycoming County; creating a county wide network of pro-treatment initiatives and addressing barriers to treatment in the current county system.

Priority 6: Develop and implement a harm reduction initiative in Lycoming County.

Priority 7: Increase county-wide, evidence-based prevention efforts to prevent or delay the onset of SUD/ODU for target populations.

STRATEGIC PLAN: PRIORITY 1

Priority 1: Empower professionals to promote the health, safety, and well-being of persons at high risk for an overdose and/or a Substance/Opioid Use Disorder (SUD/ODU), or an active addiction.

Strategy

Increase educational opportunities for professionals in Lycoming County.

Objective 1A:

By March 2019, develop educational toolkit and continuing education opportunities for prescribers/dispensers in Lycoming County, in order to promote the implementation of best practices for safe opioid prescribing/use across all disciplines.

Objective 1B:

By February 2020, all persons will receive training about addiction, overdose, and treatment services available in the county and the PDMP, if applicable for the following groups:

- First responders;
- Healthcare Professionals;
- Persons engaged in treatment;
- County agency staff who are in contact with high-risk individuals or family; and,
- Family members of persons with SUD/ODU.

STRATEGIC PLAN: PRIORITY 2

Priority 2: Eliminate overdose in Lycoming County.

Strategy:

Implement a stigma reduction initiative aimed at eliminating stigma surrounding overdose in Lycoming County.

Objective 2A:

By February 2021, complete the modified Substance Abuse and Mental Health Administration (SAMHSA) modified Stigma Reduction initiatives, for all relevant audiences.

STRATEGIC PLAN: PRIORITY 3

Priority 3: Ensure that all residents of Lycoming County are well-informed on overdose, signs of a SUD/ODU, treatment options, and recovery programs available in Lycoming County.

Strategy:

Launch a public awareness campaign to increase awareness for all individuals in Lycoming County.

Objective 3A:

By June 2019, develop a multi-platform (ex. social, digital, and print media) information campaign throughout Lycoming County.

Objective 3B:

By November 2019, facilitate engagement of interactive educational tools about overdose, signs of SUD/ODU, treatment and recovery, developing new materials when needed and putting them on the Lycoming County coalition website.

STRATEGIC PLAN: PRIORITY 4

Priority 4: Ensure that every person in Lycoming County has access to treatment at the appropriate level of care, including Medication Assisted Treatment (MAT) and a 24/7 Warm Hand-off program.

Strategy:

Increase access to current treatment options available to persons in Lycoming County, including all levels of care, MAT, and non-treatment-based needs.

Objective 4A:

By August 2019, all individuals at the emergency department will be engaged with a warm hand-off and will receive a connection to treatment, when appropriate.

Objective 4B:

By June 2020, all first responders will be engaged in a warm hand-off procedure to ensure that persons who overdosed are connected to treatment.

Objective 4C:

By November 2019, increase the number of MAT options available to all persons in Lycoming County.

Objective 4D:

By February 2021, Lycoming County will have sufficient capacity so that every individual who needs SUD/ODU treatment will have access to appropriate levels of care, and any resources required to ensure sustained engagement.

Objective 4E:

By February 2021, all persons engaged in treatment throughout the continuum of care will receive support and guidance for non-treatment needs (ex. housing support, job training, etc.) and consistent monitoring for risk of overdose to support long term recovery.

Objective 4F:

By May 2020, increase workplace education, employee assistance programs, and job placement to better support individuals in recovery.

STRATEGIC PLAN: PRIORITY 5

Priority 5: Increase coordination and collaboration between public safety and public health entities in Lycoming County; creating a county wide network of pro-treatment initiatives and addressing barriers to treatment in the current county system.

Strategy:

Increase data sharing and collaboration between law enforcement, the legal system, treatment, and public health services to better coordinate efforts related to interdiction processes and increase linkage to treatment services for individuals.

Objective 5A:

By October 2018, law enforcement and public health professionals will establish and execute a communication and data sharing plan to coordinate efforts on combating the opioid crisis.

Objective 5B:

By September 2020, law enforcement and public health professionals will coordinate intensive law enforcement and treatment efforts to ensure persons with SUD/ODU or active addiction are connected to treatment rather than entering jail/prison system, when appropriate.

Objective 5C:

By March 2020, all law enforcement agencies will be trained, carrying, and administering naloxone and tracking information related to administrations.

Objective 5D:

By September 2020, provide ongoing training and educational opportunities for law enforcement on best practices for investigating an overdose, including personal safety practices and connecting persons to treatment.

STRATEGIC PLAN: PRIORITY 6

Priority 6: Develop and implement a harm reduction initiative in Lycoming County.

Strategy:

Research and implement a harm reduction initiative tailored to Lycoming County residents suffering from a SUD/OD.

Objective 6A:

By September 2018, conduct research regarding state and nation-wide harm reduction programs.

Objective 6B:

By February 2019, propose a specified harm reduction initiative for Lycoming County.

Objective 6C:

By February 2021, implement and sustain a specified harm reduction initiative for Lycoming County.

STRATEGIC PLAN: PRIORITY 7

Priority 7: Develop and implement a harm reduction initiative in Lycoming County.

Strategy:

Implement a prevention initiative throughout Lycoming County to increase protective factors and decrease risk factors related to Substance Use Disorder.

Objective 7A:

By August 2019, expand current evidence-based school programs to ensure all students in Lycoming County School Systems have received age appropriate prevention education.

Objective 7B:

By May 2019, develop and implement a prevention initiative for senior citizens including information on safe medication consumption, signs of an overdose, and safe medication storage practices.