

Training and Technical Assistance Related to COVID-19

MHTTC Resources

Responding to COVID-19: highlight products and resources that can be useful when coping with the effects of widespread public health crises such as:

- Psychosocial Impacts of Disasters: Assisting Community Leaders
- Supportive Practices for Mental Health Professionals During Pandemic-Related Social Distancing

MHTTC Pandemic Response Resources: <https://mhttcnetwork.org/centers/global-mhttc/responding-covid-19>

Upcoming webinars:

- [National ACT Virtual Meetings to Address Impact of COVID-19](#) - April 20, 3-4:30pm ET (these meetings are recurring and scheduled for every Monday from 3- 4:30 pm ET) [Register here](#)
- [ACT and COVID-19: Meet Up for ACT Mental Health Authorities, Funders, Trainers, and Fidelity Reviewers](#) - April 21, 3-4pm ET
- [Strategies of Support for Mental Health Providers](#) - National American Indian & Alaska Native MHTTC - April 21, 3-4pm ET
- [Building Psychological Resilience for the Public Health Workforce During the COVID-19 Pandemic](#) - Southeast MHTTC - April 22, 3:30-5pm ET
- [Trauma Informed and Resilience-Oriented Leadership During a Pandemic](#) - Pacific Southwest MHTTC - May 11, 6-7pm ET
- [Leadership in Times of Chaos](#) - Pacific Southwest MHTTC - May 18, 6-7pm ET

ATTC Resources

The Addiction Technology Transfer Centers (ATTC) have produced several resources to help providers to improve services capability in response to COVID-19:

ATTC Pandemic Response Resources - <https://attcnetwork.org/centers/global-attc/pandemic-response-resources>

- [Listening Session and Strategic Discussion Series](#)
The Addiction Technology Transfer Center (ATTC) Network, and the Prevention Technology Transfer Center (PTTC) Network are facilitating a FREE, national online discussion and resource sharing opportunity for the substance use (SU) prevention, treatment, and recovery workforces focused on emerging issues around social determinants of health (SDH) and COVID-19. [Download series overview.](#)
- [Substance Use Disorder Services in the Days of a Pandemic: You Need A Bigger Boat!](#)
Providing SUD services during a pandemic requires a mix of disaster preparedness, safety precautions, telehealth, and ethics. During her tenure as a leader in SUD treatment, Sheila Weix has been involved with emergencies related to the HIV epidemic, 9/11, and the 2008 economic collapse. She is currently applying this experience in an outpatient treatment service that includes medication-assisted treatment in rural Wisconsin during the COVID19 pandemic. This webinar is from the Great Lakes ATTC.
- [Telehealth Learning Series for SUD Tx and Recovery Support Providers](#)
This Telehealth Learning Series is a facilitated, FREE, national online discussion and resource sharing opportunity for substance use disorder (SUD) treatment providers and peer support specialists faced with transitioning their services to the use of telephone and videoconferencing - [LEARN MORE](#)

- [Online Telephone and Support Groups](#)
Treatment providers and peer support specialists looking for online and telephone support groups for their patients/peers should review the list compiled by the Mountain Plains ATTC. Both 12 Step and non 12 Step-based online support groups are identified. This is not an exhaustive list but the links are active. After an initial review NONE of these sites are associated with specific treatment/recovery centers and do not require individuals to register first to access online group support services. [Download List \(Accessible\)](#)
- [Healing the Healer: Employing Principles of Neuroscience, CBT, and MI to Understand and Treat Compassion Fatigue Among Human Services Professionals](#)
This webinar, presented by Troy Montserrat-Gonzales, LPC, LMHC, re-examines compassion fatigue and self-care in light of neuroscience research and offers practical tools for professionals to use to mitigate their own compassion fatigue and strengthen their resilience. This webinar was produced by the Northwest ATTC.
- [A Guide to Using Text Messages to Improve Substance Use Treatment Outcomes](#)
Helping individuals remain in treatment or continue to participate in recovery support services can be difficult. However, with advances in both technology and science, text messages can be used to increase engagement, enhance education about the individual's condition, and help patients manage craving and other negative thoughts/moods. This step-by-step guide contains information for treatment and recovery support providers on how to use text messages to expand the reach of their services. The guide can be used in conjunction with the webinar or as a stand-alone resource.

PTTC Resources

The Prevention Technology Transfer Centers (PTTC) have produced several resources to help providers to improve services capability in response to COVID-19:

PTTC Pandemic Response Resources - <https://pttcnetwork.org/centers/global-pttc/pandemic-response-resources>

- [Substance Use Disorder Services in the Days of a Pandemic: You Need A Bigger Boat!](#)
- [Prevention Practitioner's Role in Disaster Response](#)
The purpose of this checklist is to prepare the preventionist for their role before and after disasters. They have unique skills that can assist and align with disaster response efforts.
- [Social Development Strategy Slide Deck for You by the Northwest PTTC](#)
This is a 10-slide downloadable deck highlight the Social Development Strategy. It includes notes for prevention practitioners to incorporate into presentations.
- [Connecting Prevention Specialists to Native Communities During Times of Crisis: Listening Sessions](#)
The National American Indian & Alaska Native PTTC will be holding virtual sessions to support our Native communities in these challenging times - <https://pttcnetwork.org/centers/national-american-indian-alaska-native-pttc/event/connecting-prevention-specialists-1>

SMI Adviser Resources

SMI Adviser Coronavirus Resources: <https://smiadviser.org/about/covid>

- Resources on COVID-19 and Serious Mental Illness
- Education Activities about COVID-19
- COVID-19 Resources

Recorded Webinars:

- Managing the Mental Health Effects of COVID-19
https://education.psychiatry.org/Users/ProductDetails.aspx?ActivityID=7256&utm_source=SMI_Adviser_COVID_19_Email&utm_medium=March2020
- Telepsychiatry in the Era of COVID-19
https://education.smiadviser.org/Users/ProductDetails.aspx?ActivityID=7257&utm_source=Email&utm_medium=WebinarEmail
- Serious Mental Illness and COVID-19: Tailoring ACT Teams, Group Homes, and Supportive Housing
<https://education.smiadviser.org/Users/ProductDetails.aspx?ActivityID=7289>

Center of Excellence for Protected Health Information – Focus-PHI

While the CoE-PHI develops tools and resources to increase healthcare organization and provider awareness about OCR and SAMHSA COVID-19 Guidance and Resources (and what they can do to protect patient privacy while providing SUD and MH telehealth services), we suggest reviewing [SAMHSA's COVID-19 Guidance and Resources](#) as well as the [HHS Office of Civil Rights' Notification of Enforcement Discretion for Telehealth Remote Communications During the COVID-19 Nationwide Public Health Emergency](#).

Recorded Webinars at <http://coephi.org/>

- Understanding New SAMHSA/OCR Guidance for Telehealth SUD and MH Services;
- Maintaining Patients Confidentiality When Providing Medication for Opioid Use Disorder in Community Health Centers.

PCSS Resources

Tip Sheet

- Telehealth Tip Sheet -
<https://custom.cvent.com/10D3BAE39269457884C1D96DE1DF8D8D/files/c0f35116b188481b80df828b226e90c1.docx>

Upcoming Webinars:

- OTP Adaptations During COVID-19 Pandemic - April 20th at 2 PM ET -
<https://attendee.gotowebinar.com/register/2857612434958524941>
- Burnout and Managing Your Mental Health - April 21st at 2 PM ET -
<https://attendee.gotowebinar.com/register/6844261277277399821>
- Taking Care of Yourself Using Mindfulness and Other Techniques - April 23rd at 7 PM ET -
<https://attendee.gotowebinar.com/register/1475567000792827148>
- Grief and Loss During Today's Challenging Times - April 24th at 12 PM ET -
<https://attendee.gotowebinar.com/register/5626902893725055244>
- How Are Treatment Centers Handling COVID-19? - April 28th at 3 PM ET -
<https://attendee.gotowebinar.com/register/812422950822627084>
- The State of MOUD During COVID-19 - April 29th at 5 PM ET -
<https://attendee.gotowebinar.com/register/4691472485826013196>

Recorded Webinars

- Telepsychiatry's Role in Medication Assisted Treatment: <https://pcssnow.org/event/telepsychiatrys-role-in-medication-assisted-treatment/>
- Use of Buprenorphine in the Management of Opioid Dependence in Underserved Communities: <https://pcssnow.org/event/use-of-buprenorphine-in-the-management-of-opioid-dependence-in-underserved-communities/>

Online Trainings

- Supporting Providers After Overdose Death: <https://learning.pcssnow.org/p/SupportingProviders>
- Grief and Managing an Overdose Death: <https://pcssnow.org/event/grief-and-managing-an-overdose-death/>
 - Related resource document: <https://pcssnow.org/resource/grief-and-overdose-death-2/>
- Young adult seeking treatment after overdosing: <https://pcssnow.org/education-training/training-courses/teenager-seeking-treatment-after-overdosing-part-1/>
- Partnering with Pharmacists: Naloxone Prescribing and Dispensing to Prevent Overdose Deaths: <https://pcssnow.org/event/partnering-with-pharmacists-naloxone-prescribing-and-dispensing-to-prevent-overdose-deaths-aoaam/>
- Stress, Relaxation, and Mindful Breathing: A Primer: <https://pcssnow.org/education-training/training-courses/9-stress-relaxation-mindful-breathing-primer/>

Checklist

- Initial Patient Contact about Buprenorphine Checklist - <https://opioidresponsenetwork.org/ResourceMaterials/Sample-Initial-Patient-Contact-about-Buprenorphine.pdf>

ORN Resources

Recorded Webinars

- Telemedicine: Getting Started, Regulations and Privacy Issues. https://education.aoaam.org/products/telemedicine-getting-started-regulations-and-privacy-issues-3272020#tab-product_tab_overview
- The Opioid Epidemic and COVID-19: How Social Determinants of Health Create Differential Impacts - <https://opioidresponsenetwork.org/COVID19.aspx>
- American Osteopathic Academy of Addiction Medicine webinar titled Telemedicine: Getting Started, Regulations and Privacy Issues. https://education.aoaam.org/products/telemedicine-getting-started-regulations-and-privacy-issues-3272020#tab-product_tab_overview (recorded)
- Compassionate Fatigue and Self Care: For Helping Professionals Working with Opioid Related Disorders <https://opioidresponsenetwork.org/admin/ResourceDetails.aspx?resourceID=9338>

Manual

- Adapting Your Practice: Recommendations for the Care of Homeless Patients with Opioid Use Disorders - <https://opioidresponsenetwork.org/admin/ResourceDetails.aspx?resourceID=4162>

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