

# Pastoral Care and Medication Assisted Recovery



James Campbell, LPC, LAC, MAC, CACII



1

---

---

---

---

---

---

---

---

## Who am I and why am I here?

2

---

---

---

---

---

---

---

---

## James Campbell, LPC, LAC, MAC, CACII

Training & Technical assistance manager, SATTC  
Director, family excellence institute, LLC  
Adjunct Professor, Various Universities  
Immediate Past president, APSC  
Author  
Minister



[www.attcnetwork.org](http://www.attcnetwork.org)

EMAIL: [jcampbell@msm.edu](mailto:jcampbell@msm.edu)

3

---

---

---

---

---

---

---

---

Goals

- . Ask Whether Addiction is a Disease
- . Define Recovery
- . Explain Medication Assisted Recovery
- . What are some of the Challenges
- . Learn how we can support others wisely

---

---

---

---

---

---

---

---

4



Rome

---

---

---

---

---

---

---

---

5



Let's Do the Math

•According to the National Institutes of Health, it is estimated that 1 in 10 individuals will struggle with a non-alcohol, substance use disorder at some point in their lifetime and 1 in 3 will develop an alcohol use disorder at some point in their lives.

•This means that in a group of 100 at any given place of worship, on average between 30-40 will struggle with a substance use disorder at some point in their life.

---

---

---

---

---

---

---

---

6

What is addiction?

---

---

---

---

---

---

---

If we asked the average person in in your community to describe an “addict” to us, what are some of the things they’d be likely to say?

7

Addiction?



---

---

---

---

---

---

---

8

Question:

---

---

---

---

---

---

---

Does this describe most of you or your loved ones?

9

Disease Theory



---

---

---

---

---

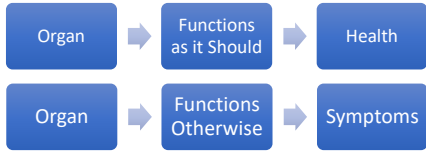
---

---

---

10

Disease Theory



---

---

---

---

---

---

---

---

11

Question:

Would most people say they can develop heart disease?



---

---

---

---

---

---

---

---

12

Would most people say they could develop an addiction?



---

---

---

---

---

---

---

---

13

- American Medical Association
- Cause
- Symptoms
- Prognosis
- Treatment?
- Acute or Chronic?

---

---

---

---

---

---

---

---

14

**CHOICE**  
**AND**  
**WILLPOWER**

---

---

---

---

---

---

---

---

15

**ADDICTION IS A BRAIN DISEASE**

---

---

---

---

---

---

---

---

16

What is a disease anyway?

- According to the American Medical Association, a disease must have:
  - A cause (may or may not be known)
  - Symptoms
  - A prognosis
  - May have a treatment
  - May be chronic or not?



---

---

---

---

---

---

---

---

17

*The Cause*

---

---

---

---

---

---

---

---

18

How does this happen?

---

---

---

---

---

---

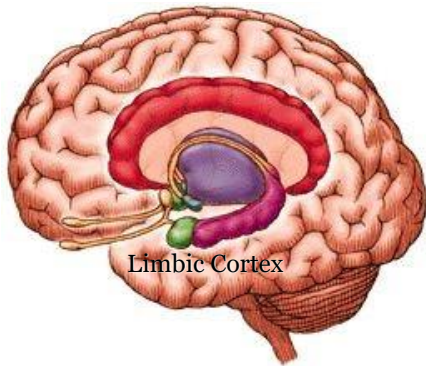
---

---

Nature or Nurture?



19



---

---

---

---

---

---

---

---

20

What is a disease anyway?

- According to the American Medical Association, a disease must have:
  - A cause (may or may not be known)
  - Symptoms
  - A prognosis
  - May have a treatment
  - May be chronic or not?



---

---

---

---

---

---

---

---

21

Symptoms



22

---

---

---

---

---

---

---

---

Symptoms?



23

---

---

---

---

---

---

---

---



24

---

---

---

---

---

---

---

---



What is a disease anyway?

- According to the American Medical Association, a disease must have:
  - A cause (may or may not be known)
  - Symptoms
  - A prognosis
  - May have a treatment
  - May be chronic or not?



---

---

---

---

---

---

---

---

25

Prognosis



---

---

---

---

---

---

---

---

26

What is a disease anyway?

- According to the American Medical Association, a disease must have:
  - A cause (may or may not be known)
  - Symptoms
  - A prognosis
  - Treatment
  - May be chronic or not?



---

---

---

---

---

---

---

---

27

Treatment



28

---

---

---

---

---

---

---

---

What is Recovery?

29

---

---

---

---

---

---

---

---

How did Jesus heal people?

30

---

---

---

---

---

---

---

---

Multiple Pathways of Recovery

- Spontaneous Recovery
- Mutual Aid/12-Step Groups
- Faith-based Recovery
- Formal Treatment (more a door than a path)
- Medication Assisted Recovery

---

---

---

---

---

---

---

---

31

Medication Assisted Recovery

---

---

---

---

---

---

---

---

32

What is a disease anyway?

- According to the American Medical Association, a disease must have:
  - A cause (may or may not be known)
  - Symptoms
  - A prognosis
  - May have a treatment
  - May be Chronic



---

---

---

---

---

---

---

---

33

Is addiction chronic?



---

---

---

---

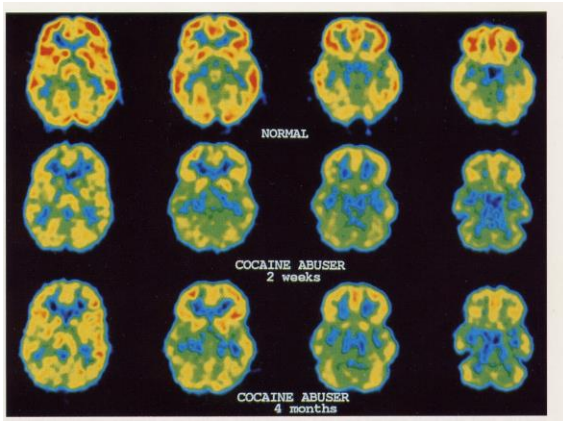
---

---

---

---

34



---

---

---

---

---

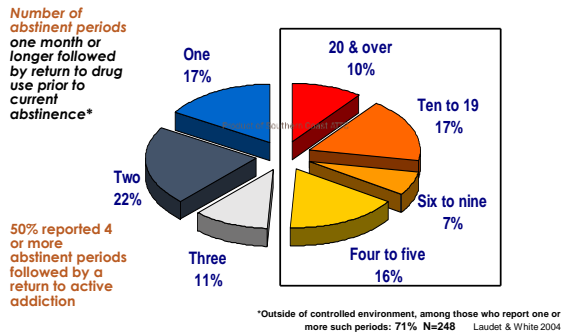
---

---

---

35

Addiction "Career"



---

---

---

---

---

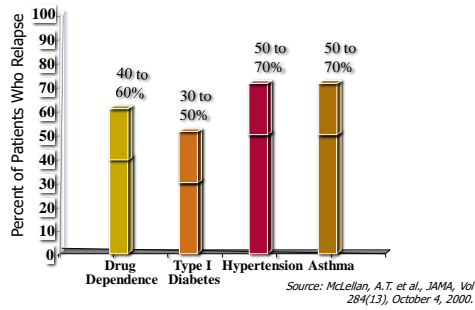
---

---

---

36

### "Relapse" Rates Are Similar for Addiction and Other Chronic Illnesses



37

---

---

---

---

---

---

---

---

---

---

---

### What do we do?

38

---

---

---

---

---

---

---

---

---

---

---

### Thoughts for Pastors and Faith Leaders

- Love God Well
- Love People Well
- Be Aware of Our Scope
- Don't Forget the Family
- Don't Forget the Community
- Don't Forget You

39

---

---

---

---

---

---

---

---

---

---

---

## Thoughts?

---

---

---

---

---

---

---

---

40

## Contact Information

### James Campbell, LPC, LAC, MAC, CACII

Technical Assistance Manager, SATT/NCPC/MSM  
Director of Family Excellence Institute, LLC  
Adjunct Faculty, Various Universities  
Immediate Past President, APSC/SCAADAC  
Adjunct Faculty  
Author and Poet  
Minister

#### Author of:

Broken: Finding Peace in Imperfection  
Perfect Marriage Twenty Myths that Can Really Mess Up Your Relationships  
Don't Forget Me (written with Steve Grant)

(864) 360-1636 [xcampbell@msm.edu](mailto:xcampbell@msm.edu)



James Campbell

---

---

---

---

---

---

---

---

41

## Resources

- [www.samhsa.gov](http://www.samhsa.gov) - Educational Information
- [www.drugabuse.gov](http://www.drugabuse.gov) - Educational Information
- [www.cdc.gov](http://www.cdc.gov) - Educational Information
- [www.attcnetwork.org](http://www.attcnetwork.org) - Educational Information
- [xcampbell@msm.edu](mailto:xcampbell@msm.edu)

---

---

---

---

---

---

---

---

42